(BADEN, Pa.) – Villa St. Joseph, a residential nursing care facility, will present Young at Heart 2013, a fund-raising gala, on Friday, September 27, 2013, at the Hyatt Regency Pittsburgh International Airport.

Young at Heart celebrates the 16th anniversary of Villa St. Joseph with a “Sweet 16” theme. The event begins at 6 p.m. with a cocktail reception featuring music by the Center for Young Musicians, followed by dinner and the presentation of the 2013 Partner in Caring award which honors individuals, groups or organizations who help promote the mission of the Villa. This year’s recipients are Frank V. Cahouet, Sr., and his wife, Ann W., of Sewickley, who have supported the mission and work of Villa St. Joseph since its inception.

“Through their long-time support and association with Villa St. Joseph, the Cahouets have touched the lives of both residents and staff and made a significant impact on the quality of life and care for Villa residents,” says Mary Murray, Executive Director of the Villa.

Mr. Cahouet is retired chairman, president and chief executive officer of Mellon Financial Corporation, where he served from 1987-1998. He also has held executive positions at the Federal National Mortgage Association, Crocker National Bank, and Security Pacific National Bank where he served for 24 years.

Mr. Cahouet is board chairman of NBH Holdings Corporation and has numerous other board affiliations including Teledyne Technologies, Inc., Audia Group, Carnegie Mellon University, University of Pittsburgh, Saint Vincent Seminary, the Historical Society of Western Pennsylvania, the Extra Mile Education Foundation and the Little Sisters of the Poor. He also is the founding chairman and director of the Pittsburgh Regional Alliance.

Mrs. Cahouet served as a board member for Samaritan Counseling Center, Three Rivers Young People’s Orchestra and Holy Family Institute. A lifelong passion for music led her to establish singing groups in California, England and Pittsburgh for the purpose of bringing pleasure to others, especially seniors. She and her husband helped initiate the Villa’s Music Therapy Program and have continued to support the program’s therapeutic goals.

“If we can help people of any age feel better by encouraging them to sing or clap hands in time to the music or to dance, we will have done them a great service,” she says.

Barbara McBride of Beaver is chairwoman of this year’s fund-raising gala that supports Music Therapy and Benevolent Care, which provides approximately $400,000 annually to more than 60 percent of the Villa residents. An array of silent auction items will be offered in addition to a live auction led by auctioneer Lynda Johnson.

Tickets for Young at Heart 2013 are $125 per person. Tables of eight are $1,000. Opportunities for sponsorship, advertisements and contributions of auction items range from $50 to $10,000.
Deadline for sponsorships is August 30 and deadline for reservations is September 13. Online registration is available at: www.tinyurl.com/VSJYoungat-Heart2013.

Young at Heart offers an opportunity for community members to celebrate Villa St. Joseph’s mission of providing excellence in compassionate care to elderly residents in the loving tradition of the Sisters of St. Joseph, who founded the Villa in 1997.

Villa St. Joseph offers residential nursing care and rehabilitation services, both in-patient and out-patient. It has a 15-member board of directors, 210 employees and 80 volunteers and auxiliary members. The staff cares for as many as 120 residents at a time and provides medical and therapeutic services for more than 450 individuals over the course of a year.

For more information about Young at Heart sponsorships or to make reservations, contact Ray Niedenberger, Director of Development, at (724) 869-6321 or ray@villastjoseph.org. Visit Villa St. Joseph online at www.villastjoseph.org.

Media inquiries only: Please contact Barbara Hecht, Director of Communications, Sisters of St. Joseph, at (724) 869-6566, or e-mail bhecht@stjoseph-baden.org